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THIS WILL BE THE YEAR OF ED SHEERAN {page 16}

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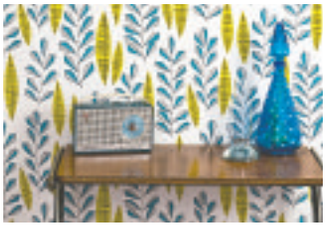
MILES DIXON/METRO

Lingering legacy

A growing percentage of HIV diagnosis is in immigrant community ◗ Complacency, fear of deportation and cultural stigmas drive those who don't get tested ◗ Assuming AIDS is a relic from past can be dangerous, experts say {page 02}

home



Why wallpaper is here to stay

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A-Rod in PED trouble again

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The lingering legacy of AIDS

HIV and AIDS are not relics of the past ◗ Experts say more cases are cropping up in Latino, immigrant communities ◗ Some say 'complacency' about the disease can become major problem

When Iris, 50, found out she had HIV, she started preparing for her death.

Alongside the diagnosis, she found out her husband cheated on her — he tested positive, too, without telling her. Their 8-year-old daughter later tested positive as well.

"I screamed and I started crying," she remembered. "I thought I was going to die."

Now, fewer have the same fears — her friends do not worry about the disease, she says, sure they can control it.

"They got comfortable because of the medicine," Iris said.

But that complacency threatens the success in fighting HIV/AIDS, experts say — and in fact, people like Iris in the Latino and immigrant communities face the highest rate of new diagnoses.

Immigrants, some undocumented who fear both officials and lack of health care, are experiencing higher rates of HIV infection in NYC, experts say.

The percentage of New Yorkers diagnosed with HIV who are foreign-born jumped from 27 percent in 2007 to 31 percent in 2010, according to the Health Department, which called it a "public health failure" in a report. In 2001, that number was 17 percent.

"Folks are lulled into a sense of complacency," said Joey Pressley, a staffer for Councilwoman Melissa Mark-Viverito, who hosted a forum about HIV prevention Jan. 17 in East Harlem.

That complacency is dangerous, experts say.

"The No. 1 way that we can ensure that we won't be able to end HIV/AIDS is by not paying attention to the next generation," said Vincent Guilamo-Ramos, co-director of the Center for Latino Adolescent and Family Health at New York University.

Ingrid Floyd, director at Iris House, which helps people with HIV/AIDS, said about 40 percent of their clients are Latinos, and half of those are immigrants, many from the Dominican Republic and Central America, where confronting a positive status is much harder.

"There is still such a huge stigma around HIV," she said.

But that graveyard plot Iris set aside?

"It's still there, empty," she said. "I didn't think I was going to make it this far."

Alison Bowen
alison.bowen@metro.us

MILES DIXON/METRO

▶ Forty percent of the HIV/AIDS cases that the Iris House sees are Latinos, and half of those are immigrants, many from the Dominican Republic and Central America.

111K In New York City, 110,736 people are living with HIV/AIDS as of September 2011, according to the DOH.

3.5K There were 3,481 new diagnoses of HIV/AIDS in NYC in 2010, according to the DOH.

1.7% The 110,736 cases were a 1.7-percent increase from 2009, according to the DOH.

31% Of all New Yorkers diagnosed with HIV, 31 percent are foreign-born, a jump of 4 percent from 2007.

Quoted

"There's a lot of not knowing that they should be tested. There's such a fear of deportation that keeps a lot of people from coming in."
INGRID FLOYD, IRIS HOUSE DIRECTOR

Why are immigrants at risk?

Guilamo-Ramos said at an NYU panel last week that Latinos are at particular risk for not getting care for HIV, because many test late.

"They're so afraid of being discovered by immigration that they hesitate to engage," said Felix Lopez, legal director at the Gay Men's Health Crisis.

Nationally, Latinos struggle with AIDS

A Jan. 23 New York University event focused on the issue of HIV/AIDS and Hispanics, bringing together public health officials and city Health Department workers to discuss.

Across the country, Latinos make up 16.7 percent of the country but 20 percent of all new cases, according to documents handed out at the event.

They also have the highest rates of being uninsured of any racial or ethnic group.

In the news

Nerf gun cause of Bronx school lockdown

An elementary school in the Bronx was put on lockdown yesterday after police received reports of a weapon on campus, according to the NYPD. The police received two reports of a gun at P.S. 4, a school located at 1701 Fulton Ave. Police were told an employee overheard one student tell another he had a gun. The NYPD confirmed the cause of the lockdown was a Nerf gun. METRO/DT

In the news

MTA bus driver passes out

Shortly after 7 p.m. on Monday night, the driver of a BxM18 bound for Riverdale lost consciousness while driving northbound on Madison Avenue at 80th Street, CBS reported.

Passengers realized what was happening as the bus swerved to the right, hitting multiple cars and rear-ending a taxi. Two passengers took control of the bus, bringing it to a stop. Six people, including the driver, were injured.
METRO/DT

News in brief

Bloomberg outlines $70 billion city budget

Mayor Michael Bloomberg presented the last budget proposal of his three-term tenure yesterday, outlining a $70 billion plan for 2014.

Bloomberg's office boasts of the proposal "provid[ing] for a balanced budget that does not rely on tax increases" but also highlights the dire straits they say the city's schools are in after the city and the teachers union failed to reach an agreement on teacher evaluations in time to receive federal funding.

The mayor talked about possible teacher layoffs, estimating 1,800 fewer teachers. He also proposed eliminating 700,000 hours of after-school programs, "including tutoring for struggling students."

All of this, he said, is the fault of the $250 million in possible state funding lost due to the dispute over teacher evaluations.

City comptroller and mayoral hopeful John Liu slammed Bloomberg for blaming the teachers union, saying, "He should look to the [Department of Education's] runaway consultant spending rather than make cuts to the classroom."

The city also anticipates a loss in revenue from taxi medallion sales, down to $600 million from $790 million, due to a lawsuit his office said comes from Public Advocate Bill de Blasio.
METRO/DT

▶ Bloomberg

Quoted

"He should look to the ... runaway consultant spending rather than make cuts to the classroom."
LIU

1.8K The plan calls for possible teacher layoffs, with 1,800 fewer teachers.

700K The plan calls for an end to 700,000 hours of after-school activities.

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Hate crime suspect found in NJ

On Monday, the NYPD released a photo of a suspect identified as 34-year-old Jason Commisso in connection with a series of attacks on Asian-Americans in East Harlem.

Yesterday morning, police confirmed they had an individual in custody, apprehended in New Jersey in relation to those attacks. They could not confirm the identity until official charges were brought following identification in a lineup.

NJ State police reported they stopped a Greyhound bus late Monday night heading southbound on the New Jersey Turnpike to arrest a suspect they were tracking with the NYPD in connection to those assaults.

The person was taken into custody without incident.

Around midday, the suspect was moved from Morristown station to Gloucenster County Jail, where he was charged by the NJ police with being a fugitive from justice and is "sitting in jail for a bit until the extradition process [to take him to the NYPD] works its way out," NJ state police said.

▶ Commisso

Councilwoman's response to arrest

Councilwoman Melissa Mark-Viverito, who has been active in responding to these assaults, released a statement "in response to the arrest of Jason Commisso."

"Today we are all breathing a sigh of relief as the suspect behind eight vicious muggings of Asian-American East Harlem residents has finally been apprehended by police," Mark-Viverito said.

Danielle Tcholakian
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News in brief

Gristedes owner to run for mayor

NEW YORK. The owner of Gristedes wants to be mayor. John Catsimatidis, who owns Gristedes and is a billionaire, will announce a bid for mayor soon, according to DNAinfo.com. He has gathered up $1 million for his campaign already. He will have a few other candidates to compete with — Public Advocate Bill de Blasio officially announced his campaign this week, and City Council Speaker Christine Quinn has long been expected to get support from Mayor Michael Bloomberg for her run. Former MTA head Joe Lhota also has moved toward a mayoral run.

METRO/AB

GETTY IMAGES

▶ Catsimatidis

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In the news

9/11 fund to begin payouts

NEW YORK. The first Ground Zero responders will begin receiving money from the Sept. 11 Victims Compensation Fund. The first letters to applicants eligible to the fund were mailed yesterday, according to the office of Rep. Carolyn Maloney. She will be one of a few politicians hosting a public forum and workshop tonight at Baruch College to help people learn how to apply for health-care coverage and compensation from the fund. The first responders to receive funds will be firefighters who worked at Ground Zero, and they will receive about 10 percent of their determined compensation, according to the Daily News. More than two years after the Zadroga Act was passed, responders said they still had not received any funds. **METRO/AB**

Widower sues airline for obese wife's death

NEW YORK. A New York man whose wheelchair-bound, morbidly obese wife died last year after she was denied a spot on three flights home from Europe has sued the airlines for $6 million. Vilma Soltesz was reported to have weighed 425 pounds, news media said. She was found dead at her home in Hungary in October after several aircraft failed to accommodate her size, according to a lawsuit filed in Manhattan. **REUTERS**

$6M
Three airlines are being sued for $6 million dollars.

School janitor convicted of rape

BROOKLYN. A school janitor was convicted yesterday of raping a young girl at the middle school where he worked. According to Brooklyn District Attorney Charles Hynes, Ambiorix Rodriguez, 34, repeatedly raped an eighth-grade girl, who was ages 12 to 13 during the crimes. He was a custodian at the Middle School of Marketing and Legal Studies. The crimes took place in the school, prosecutors said. He will be sentenced Feb. 20. He faces up to life in prison. **METRO/AB**

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Rally. Immigration

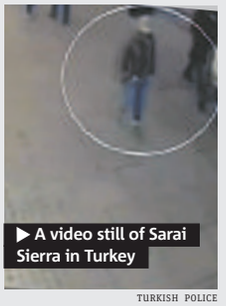
▶ Immigrants gathered in Queens to listen to the president's speech yesterday.

GETTY IMAGES

Rally for immigration reform

Undocumented immigrant Katherine Taberes, originally from Colombia, took part in a watch party and rally yesterday in Queens to hear President Barack Obama's speech on immigration. Obama called for immigration reform and a "pathway to citizenship" for the nation's 11 million undocumented immigrants. METRO

News in brief

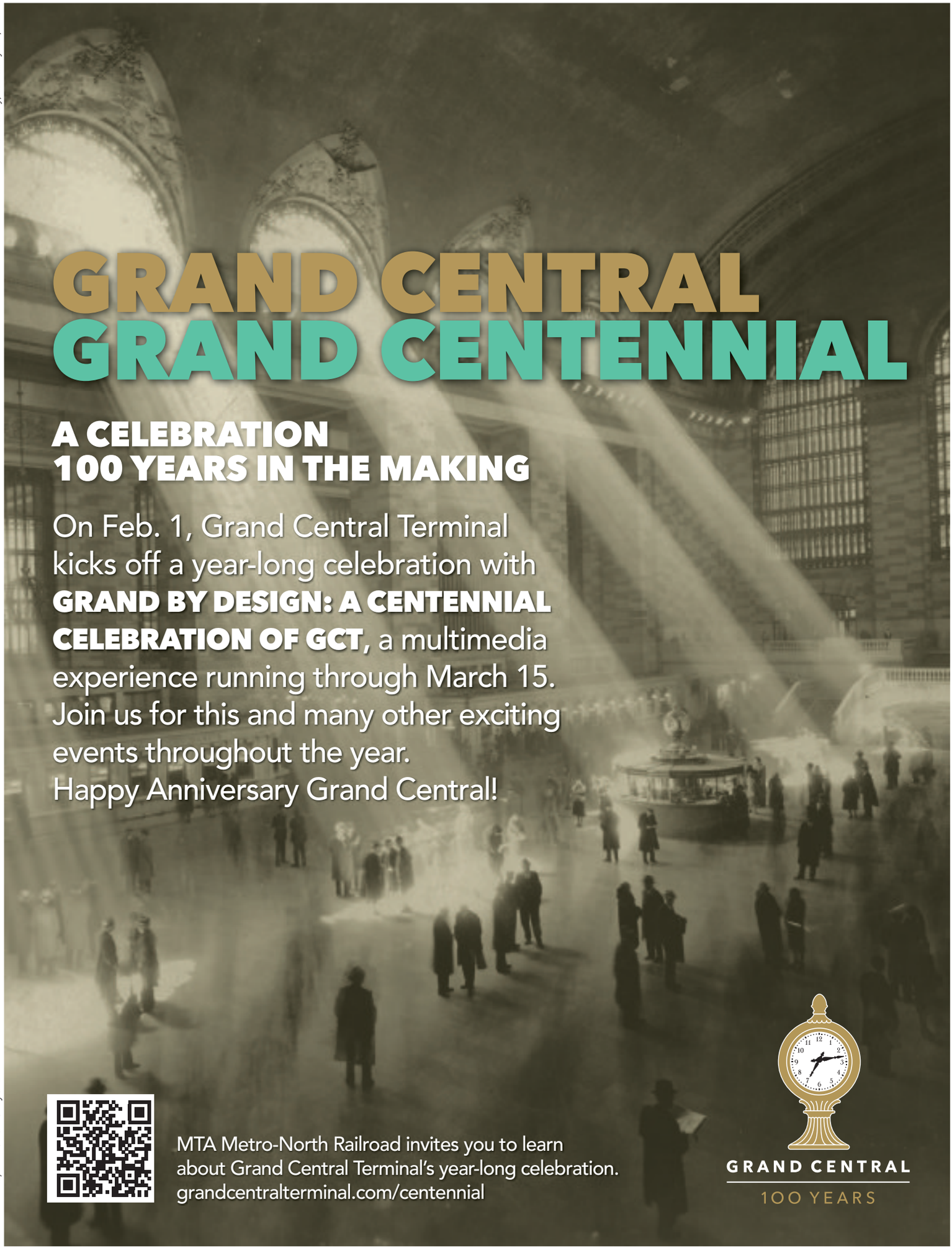


▶ A video still of Sarai Sierra in Turkey

TURKISH POLICE

Video found of SI woman in Turkey

TURKEY. Video has surfaced of a Staten Island woman whose family says she is missing in Turkey. According to the Associated Press, officials have found video of Sarai Sierra eating at a restaurant in Istanbul. It shows her eating in the food court of a shopping mall near the hostel where she was staying, according to the AP. Her husband also was interviewed by the police as part of the search to find her. Her family said that she did not get on the plane for her flight home last week. Her husband and her brother traveled to Istanbul this week to try to find her. **METRO/AB**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In the news

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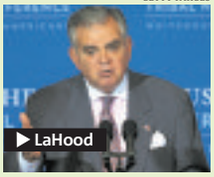


▶ LaHood

Transportation chief steps down

WASHINGTON. Secretary of Transportation Ray LaHood said yesterday he planned to resign, marking the latest departure from President Barack Obama's Cabinet.

"I have let President Obama know that I will not serve a second term as secretary of the U.S. Department of Transportation," LaHood said in a statement.

LaHood, a Republican and former Illinois congressman, brought a bipartisan element to the Democratic president's team. LaHood said he would stay on until his successor is confirmed by the Senate.

Obama has been under pressure to bring more women and minorities into his Cabinet. **REUTERS**

Deal near for Twinkies maker

NEW YORK. Private equity firms Apollo Global Management LLC and C. Dean Metropoulos & Co. are near a deal to buy snack cake brands including Hostess Twinkies and Donettes, two sources familiar with the matter said yesterday.

The so-called stalking horse bid by the private equity firms would serve as the baseline offer for the business, which also includes Dolly Madison bread and Hostess cupcakes. It could still be topped by others at an auction. **REUTERS**

▶ Twinkies

GETTY IMAGES

Obama urges Congress to make good on immigration system reform

President Barack Obama called on Congress yesterday to make good on plans to overhaul the U.S. immigration system and offer a path to citizenship for millions of illegal immigrants.

Reflecting the growing clout of Hispanic voters, Obama traveled to Nevada little more than a week after his second inauguration to make the case for swift bipartisan action on immigration.

"We need Congress to act on a comprehensive approach that finally deals with the 11 million undocumented immigrants," Obama said at a high school in Las Vegas.

After years on the back burner, immigration reform has suddenly looked possible as Republicans, chastened by Latino voters who rejected them in the November election, look more kindly on an immigration overhaul. **REUTERS**

PHOTOS BY GETTY IMAGES

▶ President Obama shakes hands with supporters after delivering remarks on immigration reform yesterday.

Quoted

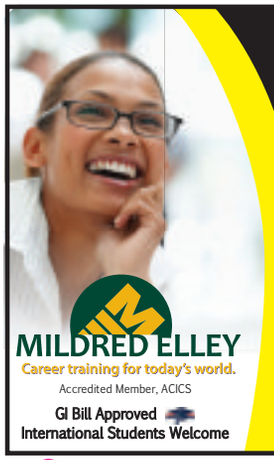
"We need Congress to act on a comprehensive approach that finally deals with the 11 million undocumented immigrants."

OBAMA SAID AT A HIGH SCHOOL IN LAS VEGAS

The president's reform challenge

Obama's challenge is to spur progress toward actual legislation guided by the senators' immigration plan without alienating his fiercest Republican opponents, who might oppose anything with the Democratic president's name on it.

Foreshadowing what could be a critical area of disagreement with Republicans, Obama stopped short of backing the Senate group's requirement that providing a path to citizenship be contingent on first doing more to secure the nation's borders.



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Poll: Public supports female combat roles

The U.S. public largely backs the Pentagon's decision to lift restrictions on women in combat, a poll showed yesterday.

Sixty-six percent of those polled said they support letting women serve in ground units that engage in close combat, while 26 percent are opposed, according to the survey by the Pew Research Center for the People & the Press and the Washington Post.

Opinion on the issue is little changed from a Washington Post/ABC News survey two years ago, Pew said in a statement.

The Defense Department lifted a long-time ban on women serving in frontline combat units on Thursday. The move marked a historic step toward sexual equality after 11 years of war in which women were increasingly on the battlefield.

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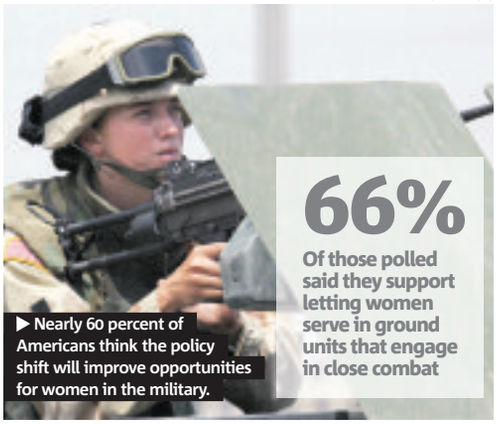

▶ Nearly 60 percent of Americans think the policy shift will improve opportunities for women in the military.

66%
Of those polled said they support letting women serve in ground units that engage in close combat

The survey found that the public is split over whether the move represented a major change for the U.S. military. Forty-seven percent said it is, while an equal percentage said it is a minor change.

The poll found that 58 percent of Americans think that the policy shift will improve opportunities for women in the military.

Nearly half, or 49 percent, say allowing women to serve in combat roles will not make much difference to military effectiveness.

Among those who say it will have an impact, 29 percent say this will improve effectiveness, versus 15 percent who say it will make it worse.

REUTERS

About the Pew poll

- The poll was conducted from January 24 to 27 among 1,005 adults, after Defense Secretary Leon Panetta ended the combat ban. The margin of error was 3.7 percentage points.
- The poll was conducted by the Pew Research Center for the People & the Press and the Washington Post.

In the news

GETTY IMAGES

▶ Kerry

Senate panel approves Kerry

WASHINGTON. Sen. John Kerry won the unanimous support of the chamber's Foreign Relations Committee yesterday to replace Hillary Clinton as President Barack Obama's new secretary of state.

The full Senate was expected to confirm Kerry later yesterday, setting in motion a special election for his Massachusetts Senate seat.

The senator and losing presidential candidate in 2004 has broad support from fellow Democrats as well as Republicans in the Senate. He is expected to be sworn in as the top diplomat later this week.

REUTERS

Execution of woman in Texas postponed

AUSTIN, TEXAS. The execution of Kimberly McCarthy was postponed by a Texas judge yesterday, the day she was to die, to give her lawyers time to argue that racial discrimination played a role in choosing the jury that convicted her.

It was rescheduled for April 3, and, if carried out, McCarthy will be the first woman to be put to death in the United States in nearly three years.

Dallas County District Court Judge Larry Mitchell delayed the execution.

"Of the 12 jurors seated at trial, all were white, except one, and eligible non-white jurors were excluded from serving by the state," said Maurie Levin, a University of Texas adjunct law professor who assisted in representing McCarthy.

REUTERS

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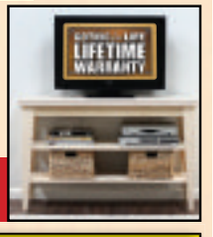

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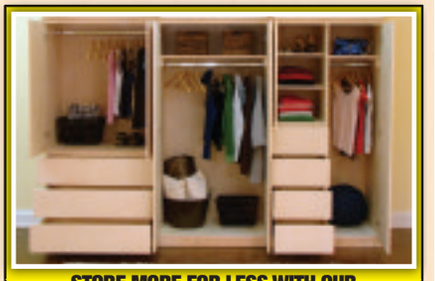

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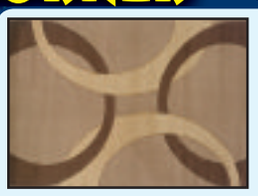

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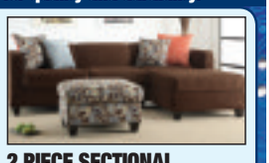

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News in brief

Nightclub crackdown after Brazil tragedy

Cities across Brazil are beginning to crack down on nightclubs to ensure they comply with fire regulations following a weekend blaze that killed 231 people at a club in the southern university town of Santa Maria.

The fire was Brazil's deadliest in half a century and resonated across the country, with many people demanding those responsible be prosecuted. **REUTERS**

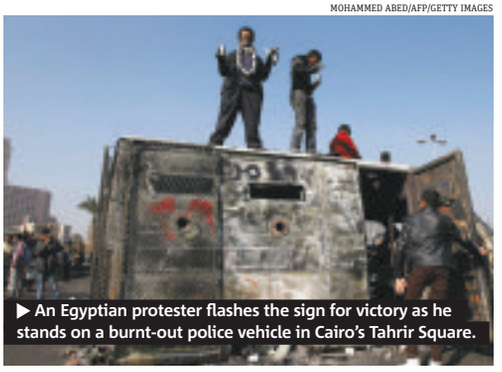
Other perils

Many fear similar fires can happen at:

- **World Cup** of soccer next year
- **Olympic Games** in 2016
- **Carnival** celebrations next month

Army: Egypt unrest pushes state to brink

MOHAMMED ABED/AFP/GETTY IMAGES



▶ An Egyptian protester flashes the sign for victory as he stands on a burnt-out police vehicle in Cairo's Tahrir Square.

Egypt's army chief said political unrest was pushing the state to the brink of collapse — a stark warning from the institution that ran the country until last year as Cairo's first freely elected leader struggles to curb bloody street violence.

Abdel Fattah al-Sisi, a U.S.-trained general appointed by President Mohamed Mursi last year to head the armed forces, added in a statement yesterday that one of the primary goals of deploying troops in cities on the Suez Canal was to protect the waterway that is vital for Egypt's economy and world trade.

Violence largely subsided yesterday, although some youths again hurled rocks at police lines.

It seemed unlikely that Sisi was signaling the army wants to take back the power it held for six decades since the end of the colonial era and through a period after the overthrow of Hosni Mubarak two years ago.

But it did send a powerful message that Egypt's biggest institution, with a huge economic as well as security role and a recipient of massive direct U.S. subsidies, is worried about the fate of the nation after five days of turmoil in major cities. **REUTERS**

52
The comments, published on an official army Facebook page, followed 52 deaths in the past week of disorder and highlighted the sense of crisis facing Egypt and its Islamist head of state.

News in brief

At least 65 found executed in Syria

At least 65 people were found shot dead with their hands bound in the northern Syrian city of Aleppo yesterday in a "new massacre" in the near two-year revolt against President Bashar al-Assad, activists said. Opposition campaigners blamed the government, but it was impossible to confirm who was responsible. Assad's forces and rebels have been battling in Syria's commercial hub since July, and both have been accused of carrying out summary executions.

The U.N. refugee agency said yesterday the fighting had forced more than 700,000 people to flee. World powers fear the conflict could increasingly envelop Syria's neighbors, including Lebanon, Jordan and Turkey, further destabilizing an already explosive region.

60K More than 60,000 people are estimated to have been killed in the Syrian war since it began two years ago.

"They were killed only because they are Muslims."
MAN VIDEOTAPED IN CENTRAL BUSTAN AL-QASR AFTER THE BODIES WERE REMOVED FROM THE RIVER

Opposition activists posted a video of a man filming at least 51 muddied male bodies alongside what they said was the Queiq River in Aleppo's rebel-held Bustan al-Qasr neighborhood. The bodies had bullet wounds in their heads and some of the victims appeared to be young, possibly teenagers, dressed in jeans, shirts and trainers.

Aleppo-based opposition activists blamed pro-Assad militia fighters. **REUTERS**

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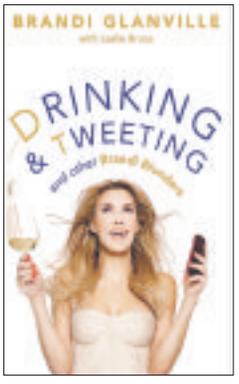
THE WORD

Dorothy Robinson's take on the world of gossip @dorothyatmetro dorothy.robinson@metro.us

Brandi Glanville's best revenge? A new vagina (we're serious)

Holy cats, you guys. **Brandi Glanville** is insane! How do we know this? Let me present some excerpts from the "Real Housewives of Beverly Hills" star's new book, "Drinking & Tweeting and other Brandi Blunders," which were obtained by Life & Style:



Her reaction after finding out about Eddie Cibrian's affair with LeAnn Rimes: "I'm not entirely sure how I ended up on the floor of my closet sobbing. … Eddie found me lying there and without saying so much as a word, he started kissing me all over. … We started having sex," she recalls. "He swore up and down … that it was completely innocent. In that moment, it was easier to believe him."

How she got her revenge: "A brand-new vagina would be an Eddie-free vagina. … I decided that since Eddie had ruined my vagina for me, he could pay for a new one. I gave [the doctor's office] Eddie's credit card number," she says about undergoing a vaginal rejuvenation for $12,000. Ack!

No hard feelings: "I would like to thank my ex-husband, Edward Cibrian, for giving me all the material I could ever need to write this book," she writes.

Glanville's new book about getting new lady bits will probably become a best-seller. And then we can all just give up on life.

Talking points

Bradley Cooper will not be Lance Armstrong

Despite telling BBC News earlier this month that he'd be up for starring in a **J.J. Abrams**-produced biopic on disgraced cyclist **Lance Armstrong**, Oscar nominee **Bradley Cooper** insists he's not interested. "Oh my God, that's so nuts," Cooper tells "Access Hollywood," adding that he "had no idea what [the interviewer] was talking about" during the red carpet chat.

Beckham still needs to prove herself

Victoria Beckham is enjoying success in the fashion world, but she still feels like she has to prove herself. "I don't have to work, I need to work. All these [other fashion designers], they're not just been given anything. They've worked hard. And I've never been given anything either," the former Posh Spice tells Elle UK. "You've got to trust people. And because I am a control freak, sometimes that's difficult for me."

GETTY IMAGES

▶ Victoria Beckham

The feed ...

▶ *Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.*

Today, Neil Patrick Harris is hoping for some change, Dita Von Teese is amused and Elle DeGeneres throws a pretty wild party.

@ActuallyNPH
Come on, Boy Scouts, do the right thing. Diversity should be honored and valued. There should be a merit badge for it.

@DitaVonTeese
"Sasquatch" is one of my favorite words, so the TV show "Finding Bigfoot"=big LOLs. Lines like "a squatchy area", "goin' squatchin'"...!

@TheEllenShow
I had a great birthday, and now the house is finally back in order. I just need to figure out how to get @JimmyKimmel out of my bathtub.

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You can pick your friends, you can pick your nose ...

1 **Katy Perry** had some cheeky fun with her new Madame Tussauds Las Vegas statue on Saturday.

2 **Gemma Arterton** and **Jeremy Renner** promoted their No. 1 film, "Hansel & Gretel: Witch Hunters," in Australia on Tuesday.

3 When she's not cleaning houses on "Portlandia," **Aimee Mann** is still playing gigs. The singer performed in London on Monday.

4 What a chatterbox! **John Leguizamo** presented at the Garden of Laughs comedy show, to benefit the Garden of Dreams Foundation, at the Theater at Madison Square Garden on Saturday.

5 Winning smile! **Hillary Clinton** held an online town hall Monday in Washington, D.C.

6 **Mary J. Blige** looked smokin' at the premiere of Lifetime's "Betty & Coretta" on Monday in NYC.

1: JEROD HARRIS/GETTY IMAGES
2: LISA MAREE WILLIAMS/GETTY
3: C BRANDON/GETTY 4. STARPIX
5: CHIP SOMODEVILLA/GETTY
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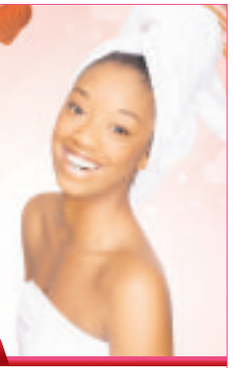

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- Zerona: Slim down, inch loss system, lose 3-9 inches permanently and painlessly, 6 sessions $299
- Slimming body wrap including a mini facial $50

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Trust us: Michael Chiklis isn't as scary as you think he is

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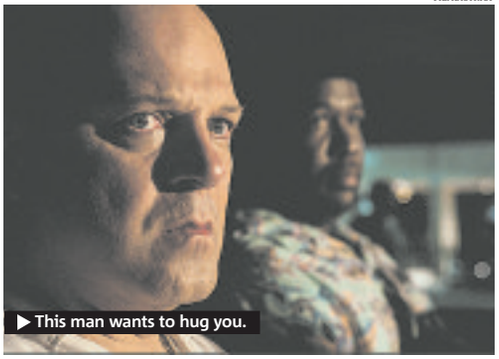


▶ This man wants to hug you.

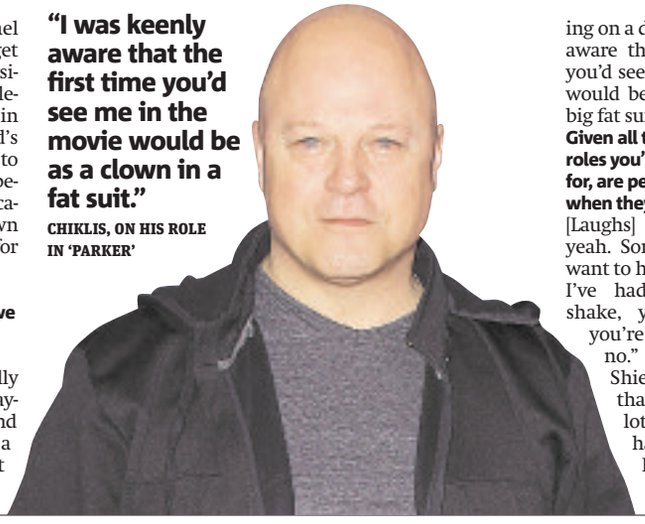
Before Michael Chiklis could get down to the business of double-crossing Jason Statham in director Taylor Hackford's "Parker," he first had to tackle one of the more peculiar challenges of his career: donning clown makeup and a fat suit for the film's opening heist.

How much say did you have in the clown disguise you wear?

None. Well ... I didn't really say anything. I think Taylor and I were of a mind that we wanted it to be a classic clown look that could turn quite menacing on a dime. I was keenly aware that the first time you'd see me in the movie would be as a clown in a big fat suit.

"I was keenly aware that the first time you'd see me in the movie would be as a clown in a fat suit."

CHIKLIS, ON HIS ROLE IN 'PARKER'



Given all the tough guy roles you've become known for, are people nervous when they meet you?

[Laughs] A lot of people, yeah. Some people, I just want to hug them. Because I've had grown people shake, you know? And you're just like, "No, no." Particularly "The Shield" — I think that really rattled a lot of people. It's a hard-hitting show. I even stopped watching it at night too late because it kept me up.

Still, that has got to be a great compliment to you as an actor.

Absolutely. Clearly the work had an effect, but at the same time I'm not the characters that I portray.

And you've played nicer guys before.

That's the way I started. The whole first part of my career was playing the sort of lovely, affable guys, and I couldn't get a job playing someone like a Vic Mackey. I couldn't get seen for something like that. I was very fortunate that it was at FX and it was an unknown writer; a lot of sort of ironic twists in the road. But I wouldn't have it any other way.

You guys were out in front of the trend as far as what viewers can expect from a cable series.

We were the first in basic cable, for sure. Basic cable was the purview of reruns at the time. But when we did "The Shield," that first year was an explosion. It really was a tectonic shift in the television industry. A lot of people have followed suit and now it's really bred this rash of excellent television, frankly.

Ned Ehrbar
METRO WORLD NEWS

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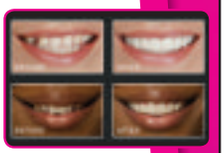

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TV watch list

'Super Bowl's Greatest Commercials 2013'

SPECIAL. Don't forward through this special — those multimillion-dollar commercials of Super Bowls past are the featured content. **8 p.m., CBS**

'Top Chef: Seattle'

REALITY. The chefs set sail to Alaska, where cruise ship-themed challenges — creating an amuse bouche from iceberg lettuce; putting a new spin on surf and turf — might make some seasick. **10 p.m., Bravo**

'The Americans'

DRAMA. Russian-born KGB agents (Keri Russell and Matthew Rhys) are on a mission to infiltrate and destroy the U.S. government in the early 1980s, all while under the cover of an average suburban couple raising kids on the outskirts of D.C. Their double lives are complicated when an FBI agent (Noah Emmerich) moves across the street in tonight's premiere. **Series premiere, 10 p.m., FX** AMBER RAY

▶ Keri Russell and Matthew Rhys are KGB spies on "The Americans."

FRANK OCKENFELS/FX

Not just behind the scenes of 'The A Team'

▶ Singer/songwriter Ed Sheeran is headed in one direction in 2013 ▶ And that's forward ▶ Will Taylor Swift be on his next album?

British singer/songwriter Ed Sheeran is nominated for Song of the Year for "The A Team" at this year's Grammys, but he's been a member of an "A Team" for quite some time. He is the writer behind the One Direction songs "Little Things" and "Moments," and last year he performed at the Olympics and the Queen's Jubilee. This year, he's shaping up to be a star player: He has a sold-out show at Radio City tonight, plays a duet with Elton John at the Grammys and joins Taylor Swift on her "Red" tour this summer.

Congratulations on your Grammy nomination! How did you hear about it?
I didn't expect to be nominated and I was quite drunk at the time as well, so all these "Congratulations!" texts were coming in and I kind of thought it was for something else.
Tell us about performing with Elton John.
Yeah, I mean, it doesn't really get bigger than that. ... He rung me up and was like, "So, how would you feel about playing the Grammys with me?" and I was like, "Um, yeah, I think that could probably work." [Laughs]
You're friendly with Taylor Swift already, and you're touring together this summer. Will you hang out during your downtime?
In my time off I'm gonna be making an album. I'm moving to Nashville for a bit while I make a record and I think Taylor lives just around the corner, so we'll be hanging and probably writing more music.
Since you're on her album, "Red," can we expect to hear her on your next CD?
Um, probably not, no. I'm gonna kinda steer away from doing collaborations, I think, on this record. ... [But] if we end up writing a song that's completely mind-blowing, then yeah.
You also write songs for other artists. Is that harder than writing for yourself?
I usually write for myself first and then give them to other people. I kind of just write songs for myself.
So One Direction could be singing a song about your ex and the girl might not even know it?
That is exactly what has happened. [Laughs]

CHRISTIE GOODWIN

▶ We asked Ed Sheeran if Taylor Swift ever confided in him about her relationship with One Direction's Harry Styles. His response: "I'd rather stay out of that."

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Lingerie essentials

"Girls" costume designer Jenn Rogien nails it when it comes to what hip, real ladies want to wear. She especially knows undies since, let's face it, Lena Dunham's character finds a way to strip down in each episode. Now Rogien is taking her knowledge of underpinning for the Williamsburg set to Aerie, American Eagle's sister line of lingerie, where she will serve as style and fit expert.

Here, she explains the essentials for building an intimates wardrobe.

Tina Chadha
tina.chadha@metro.us

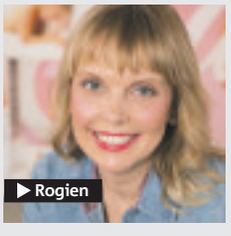
Rogien's picks:

What you should have in your lingerie drawer

- A foundation bra that supports and disappears under clothes. This bra is smooth, fits well and is a neutral color that doesn't show lines, bumps or color under clothes. A T-shirt bra is a great option.
- A fun bra that makes you feel pretty
- An athletic bra that fits and supports
- A shaper that smoothes and shapes under fitted looks and dresses
- An assortment of undies that don't leave you with VPL (visible panty lines) — ever. This could include a thong, a seamless bikini or a laser-cut hipster brief. Anything that fits you well that doesn't grab or dig.

Tips for lingerie shopping

- Make sure you're wearing the right size! If you don't know or haven't had a bra fitting in a while, go in for a bra fitting.
- Don't be afraid to go a size up. No one likes to go up, but often the fit is better and the overall look is more flattering with a bit of ease.
- Just because intimates are basics doesn't mean they have to be basic. Have fun! Express your personality. Let the undies help tell your story.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In the news

▶ Soon, you might have to pay to watch videos.

GETTY IMAGES

Report: YouTube to launch paid subscriptions

It looks like YouTube is about to take a big step toward monetizing its videos.

The company is planning to launch paid subscriptions for a couple dozen channels as soon as April, according to a new report in AdAge citing "multiple people familiar with the plans."

The online video site has reportedly reached out to a "small group" of channels asking them to apply to be among the first paid channels.

There is also talk that YouTube might charge for live events like concerts and libraries of older episodes.

AdAge reports that the initial subscription costs would be between $1 and $5 per month. These channels also would have the option to show ads.

Right now, this effort is being billed as an "experiment," but it's one that YouTube reps have been suggesting for a long time. YouTube's CEO Salar Kamangar teased the idea multiple times last year and noted during the Reuters Media and Technology Summit in June that it had "seen demand from the kind of networks that have smaller audiences on cable."

By effectively launching a la cart and pay-per-view options for consuming video content, YouTube would likely bring in more money from ad dollars and a cut of the subscription revenue. **SETH FIEGERMAN/MASHABLE**

Predict your video's potential to go viral

GETTY IMAGES

▶ Psy's "Gangnam Style" video has more than 1 billion hits on YouTube.

Viral videos are famously impossible to predict. Who, for instance, could have foreseen the phenomenal success of Rebecca Black's "Friday" or Psy's "Gangnam Style"?

Yet, Unruly, a UK firm that specializes in collecting data around viral videos, claims it has a tool that can help advertisers predict the amount of earned media their videos are likely to attract across social media and how much advertisers should spend promoting their videos. Dubbed Unruly Share Rank, the algorithmic tool will help advertisers "gain insight into the psychological, social and content triggers that affect the success of their video content," according to the company, which also promises "they'll know the word-of-mouth potential of their video before they spend anything on media."

The company didn't disclose exactly how Share Rank works, except that it's based on seven years' worth of data from the Unruly Viral Video Chart and the algorithm includes more than 10,000 data points. (Disclosure: Mashable is a partner for Unruly's Global Ads Chart.) Such data is combined with the emotional reactions of test subjects and on their stated willingness to share the video. Pricing for Share Rank was not disclosed.

TODD WASSERMAN FOR Mashable
The Social Media Guide

Apple announces the 128GB iPad

Yesterday it was a rumor; today it's true: Apple is launching a 128GB iPad.

The new device is practically identical to the current, fourth-generation iPad, only with more storage memory. So far, iPad has been available with 16GB, 32GB or 64GB of memory.

"With twice the storage capacity and an unparalleled selection of over 300,000 native iPad apps, enterprises, educators and artists have even more reasons to use iPad for all their business and personal needs," said Philip Schiller, Apple's senior vice president of Worldwide Marketing.

The new iPad comes with a new price tag, and it's a hefty one. The Wi-Fi-only model will set you back $799, and the Wi-Fi + LTE model costs $929. It will become available starting Feb. 5. **STAN SCHROEDER/MASHABLE**

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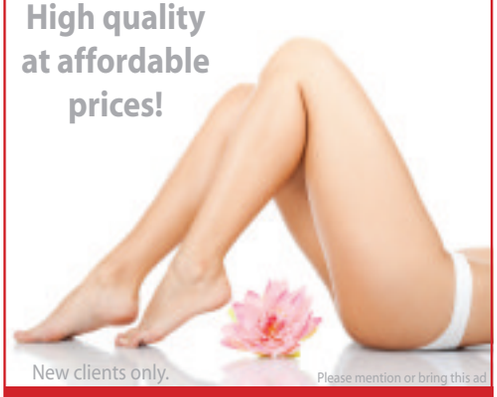
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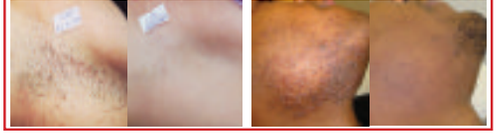

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GET UP, STAND UP

You may have heard lately that 'sitting is the new smoking' — and we couldn't agree more Some easy ways to stay active

BANANASTOCK

▶ She won't be smiling when she starts developing back problems.

You might want to stand up for this: We're on our butts more than ever during the day, and it's hurting our health.

"We recently conducted a study showing that the life expectancy of U.S. adults could increase by two years if all adults reduced their sitting time to less than three hours a day," says I-Min Lee, a Harvard researcher.

And it gets worse: In October, The New York Times published research from the journal Diabetologia, which looked at 18 studies involving nearly 800,000 people. The authors found that the average adult spent 50 to 70 percent of his or her time sitting, and that those who sat the most had "a 112 percent increase in their relative risk of developing diabetes, a 147 percent increase in their risk for cardiovascular disease and a 49 percent greater risk of dying prematurely — even if they regularly exercised."

We asked some experts for their most practical tips on moving more throughout the day.

Rob Sulavar, writer, trainer, sports nutritionist and founder of **www.bandanatraining.com**

▶ **Make your meetings walk-and-talks.** "It gets the creative juices flowing."

Laura Miranda, physical therapist and trainer, **www.stronghealthywoman.com**

▶ **Drink!** "Keep a bottle of water on your desk. Drink enough so you have to go to the bathroom one or two times an hour. Use the bathroom one floor up or down for greater effect."

▶ **Ring the alarm.** "Set a reminder to go off every 30 minutes to get out of your chair. Bend over and touch your toes or walk away from your desk for two minutes."

Joey Gonzalez, chief operating officer and trainer at Barry's Bootcamp, **www.barrysbootcamp.com**

▶ **If you have an office:** "Find a spot against the wall and get into a wall sit. Legs should be bent 90 degrees. Try and increase the amount of time as your legs get stronger."

Meredith Engel
meredith.engel@metro.us

When you must sit

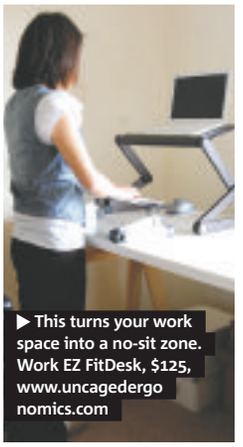
Get a mini-workout!

▶ **"Lift feet off the ground and contract lower abdominals.** Try and increase the amount of time as your abs get stronger." – Gonzalez

▶ **"Place a Pilates ball between your knees and squeeze and pulse.** Do 20 reps and rest then repeat. This is great for the inner thigh and lower abdominals." – Simone De La Rue, celebrity trainer, bodybysimonetv.com

▶ **"Leave a golf ball under your desk and slip your shoes off during the day to roll out your feet."** – Sulavar

▶ **"Straighten your legs on occasion to prevent tightening of the calves and hamstrings.** Flexing each foot while sitting helps, too. Stretching in your chair will also keep your body from locking up. A little bit goes a long way." – Dr. Florence Comite, Comitemd.com



▶ This turns your work space into a no-sit zone. Work EZ FitDesk, $125, www.uncagedergonomics.com

Advice

Margo Donohue, boot camp instructor, **Brooklynfitchick.com**

▶ **Get a standing desk:** If it's too impractical to use at work, set one up at home. "I haven't looked back, and that was about two years ago," she says.

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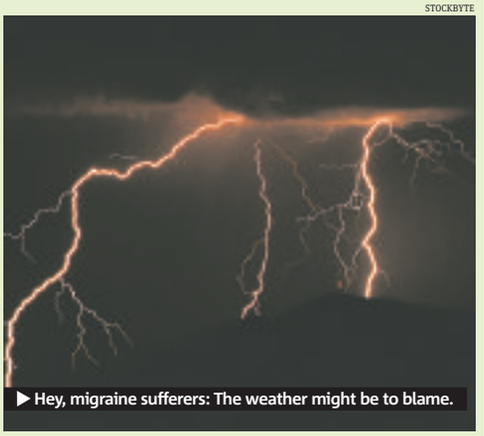
▶ Hey, migraine sufferers: The weather might be to blame.

Today in medicine

Timing of food intake and weight regulation

Study subjects: 420 overweight adults
Location of study: U.S./Spain
Results: A study published in the International Journal of Obesity found late eaters (those who eat lunch after 3 p.m.) had a slower weight-loss rate and lost significantly less weight than early eaters (who eat before 3 p.m.).
Significance: Timing your meals around the clock could further aid your weight-loss efforts.

When not to go to the ER

Study subjects: Various data
Location of study: Scotland
Results: New research published online in the Emergency Medicine Journal found that patients admitted to acute medical units on public holidays and weekends are significantly more likely to die than those admitted on other days of the week. While some figures put weekend mortality at a potential 10 percent higher, researchers concluded that patients admitted as medical emergencies on public holidays increased their risk of mortality within seven days by 48 percent and were 27 percent more likely to die within 30 days.
Significance: Because differences in senior doctor staffing in AMUs remained the same on holidays, weekdays and weekends, supervision is unlikely to be the explanation, and further research is needed.

The age to quit smoking by

Study subjects: 200,000 Americans
Location of study: Canada
Results: A study reported in the New England Journal of Medicine found that people who quit smoking by middle age don't die much earlier than people who have never smoked. On average, quitting before age 44 lessened life expectancy by just one year, and quitting by age 54 nixed four years.
Significance: The figures reveal the remarkable powers of healing and regeneration that the lungs possess before diseases such as cancer set in. But don't take this as license to smoke: "Former smokers still have a greater risk of dying sooner than people who never smoked," study author Dr. Prabhat Jha of the University of Toronto says.

Lightning and headaches

Study subjects: Participants with migraines
Location of study: U.S.
Results: A report published in the journal Cephalalgia found that when lightning struck within 25 miles of a chronic headache sufferer's home, the person was 31 percent more likely to get a headache and 28 percent more likely to get a migraine. The researchers also found that new-onset cases of headaches and migraines increased by about a quarter.
Significance: Weather elements such as barometric pressure and humidity are suspected as culprits.

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Horoscope

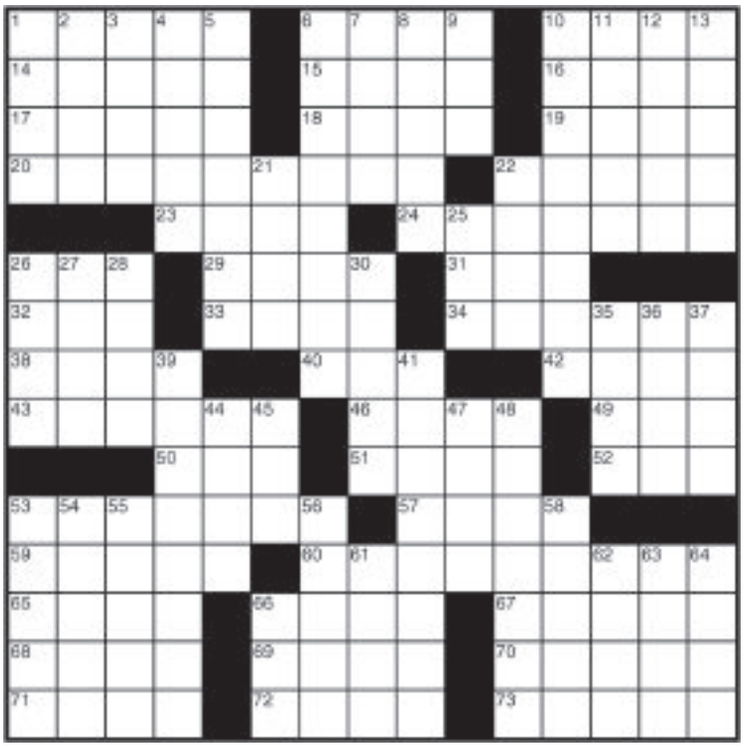
♒ Aquarius **Jan. 20-Feb. 19.** Guard against an inclination to do things the hard way, especially where your work is concerned. If you're using an ineffective procedure, try something different.
♓ Pisces **Feb. 20-March 20.** Even if your hunches are usually correct, if they are more negative than positive you should dump them as quickly as you can. Be careful — your imagination may be playing tricks on you.
♈ Aries **March 21-April 19.** It's time to phase out something that isn't living up to its potential in terms of profits. The longer you stay with it, the more money it will end up costing you.
♉ Taurus **April 20-May 20.** When pursuing an objective, take care not to walk over others. It might end up costing you far more than just time and money.
♊ Gemini **May 21-June 20.** Don't make the mistake of thinking that aggressiveness is the same as vision. Before imposing any of your ideas on your co-workers, make sure they're feasible.
♋ Cancer **June 21-July 22.** Watch out for any little changes that may have been made to something without your or anybody else's knowledge. They could alter matters greatly.
♌ Leo **July 23-Aug. 22.** It isn't likely that you'll be proud of your efforts if you're more interested in getting things done than you are in getting them done right. Quality over quantity should be your mantra today.
♍ Virgo **Aug. 23-Sept. 22.** Although you will be a keen observer, unfortunately your focus is likely to be more on others' failings than on their many positive qualities.
♎ Libra **Sept. 23-Oct. 23.** It would be a huge mistake on your part to spend funds you have earmarked for something essential. If you're not disciplined in the handling of money, you'll never get ahead.
♏ Scorpio **Oct. 24-Nov. 22.** Remember the adage: "If it isn't broke, don't try to fix it," and your life will be much easier. Don't needlessly ask for trouble.
♐ Sagittarius **Nov. 23-Dec. 21.** You're not likely to look good in the eyes of others if you try to shirk or displace blame. Instead, spend your energy making corrections, not accusations.
♑ Capricorn **Dec. 22-Jan. 19.** Unless you pay close attention to what you're spending, you won't be a good manager of your money. Don't shell out what you can't afford to lose.

BERNICE BEDE OSOL

Solution to yesterday's crossword

Across
1 Fossil rock
6 Aspiration
10 Prevail upon
14 "— Elena"
15 Cousteau's islands
16 Motel sign
17 Fuel tanker
18 Billion, in combos
19 Muck or slime
20 February celeb
22 Blush makeup
23 Greenish-blue
24 Pined
26 Brooks or Gibson
29 Bed support
31 "My, my!"
32 Sapporo sash
33 Pitchfork part
34 Tarzan's moniker
38 Search high and low
40 Beads on grass
42 Extinct bird
43 Massages
46 Marina sight
49 Terhune's collie
50 Lawyer's thing
51 In — (as found)
52 911 responder
53 Flocks of geese
57 Scads
59 Marsh stalker
60 Gym machine
65 Heavy burden
66 Cattle mover
67 "Walk Away —"
68 Half, in combos
69 Nobel-winning bishop
70 Bauxite giant
71 NFL broadcaster
72 Type of ladder
73 Hot dog vendor

Down
1 Hazardous haze
2 "Aquarius" musical
3 Woody's son
4 Capt.'s inferior
5 Heartfelt
6 — fling
7 Mishmash
8 "Fever" singer — Lee
9 NASA counterpart
10 Opened the wine
11 Familiar episode
12 Overcharge
13 Done with
21 Surrealist painter
22 Rough file
25 LAX info
26 — turtle soup
27 Poet's black
28 Cement component
30 Is rife with
35 Tunnel maker
36 Economist — Smith
37 Nonverbal OKs
39 Intrudes (2 wds.)
41 Saw the kid home (2 wds.)
44 Shoulder muscle, briefly
45 Compass pt.
47 Portico
48 Frozen plains
53 Hollow rock
54 De Mille or Moorehead
55 Cranky person
56 Majorette's gait
58 Refine, as metal
61 Learning method
62 Pizarro foe
63 Novelist — Uris
64 Clue
66 Qt. components



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Letters

BSA allowing gays: Change of heart or publicity stunt?

Being a gay Eagle Scout, I was removed from the organization after 16 years of service and learning. The way that the BSA is handling this situation is being done too publicly. If they were making the change as the right thing do, this would have been a swift and quiet change. Instead, it's a push to either regain their lost corporate sponsors or find sponsors that will reaffirm or support their beliefs. For a long time, BSA was a large part of my life — but in order for me to believe in the change, there has to be affirmative action with their changes, not just shifting the blame. I'm a believer in the program and hope one day they can regain their focus and stand up for what's right.

RODERICK KOHL, VIA E-MAIL

Fewer fightin', more helpful words

RE: "GIVE ME LIBERTY, NOT MORE GOVERNMENT"

(METRO, JAN. 29) To be sure, letter writer John Bevan clearly does not understand the Second Amendment. It was not the intention of the founders that the people were to be armed as a matter to protect themselves from a tyrannical government, it was most assuredly the people were to be armed in order to call up an army quickly in times of invasion or insurrection from within since at that time there was no standing army. Mr. Bevan's paranoid "out of my cold dead hands" sounds more like he is trying to start something than to explain his second amendment rights.

WILLIAM H. HOUSE, VIA E-MAIL

In response to John Bevan's call for more guns in our communities, I give you the words from the 1934 Congressional testimony of NRA Chief Executive Officer Karl T Frederick: "I do not believe in the general promiscuous toting of guns. I think it should be sharply restricted and only under licenses." Given Mr. Frederick had seen the lawlessness and senseless violence of Prohibition up close, we would do well to heed his words lest history be repeated.

JOSEPH CONNELL, VIA E-MAIL

SUDOKU: EASY

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				7	3			
	1	5						8
	3	7			4			

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

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New PED reports dog Rodriguez

Alex Rodriguez just can't keep his name separate from bad news.

Rodriguez found his name tied to Miami doctor Anthony Bosch in a report yesterday in the Miami New Times. The Yankees slugger reportedly received human growth hormone (HGH) as recently as 2012 from Bosch, who is being investigated by MLB for selling performance-enhancing drugs.

ESPN reports that the Yankees are looking into voiding the $114 million left on his contract.

Other players in the records of Biogenesis, Bosch's anti-aging clinic, include Melky Cabrera, Bartolo Colon, Nelson Cruz and Gio Gonzalez.

GETTY IMAGES

▶ Rodriguez

Rodriguez admitted to using steroids from 2001 to 2003, but the records from Biogenesis show he purchased HGH and testosterone, both banned by MLB, since 2009.

"The purported documents referenced in the story — at least as they relate to Alex Rodriguez — are not legitimate," a representative for Rodriguez said in a statement.

MARK OSBORNE

In the news

Lewis tied up in drug reports

If questions about a decade-old criminal trial weren't enough, now Ray Lewis is dealing with performance-enhancing drug issues.

Sports Illustrated published a story in which Lewis is reported as using deer antler spray, which contains a banned substance. Lewis denied any connection to the company in the SI feature.

NED DISHMAN/NBAE/GETTY IMAGES

▶ The Heat spent their day off Monday meeting President Obama at the White House.

Nets prepare for immense test of Wade, James

It's one thing to limit Jameer Nelson and J.J. Redick to a combined 14 points on 5-of-25 shooting. It will be even more impressive if the Nets can duplicate that against Dwyane Wade and LeBron James.

The Nets take an eight-game home winning streak into tonight's nationally televised game with the Heat, who are fresh off a trip to the White House to celebrate last season's NBA title with President Barack Obama. It's the first time the Heat come to Brooklyn and the Barclays Center.

"This is a game where you don't have to worry about whether guys come to the arena with energy," Nets center Brook Lopez said. "Guys are going to come ready to play."

The Nets didn't seem ready to play in losing by a combined 43 points in two games at Miami earlier this season. The Heat shot 51.6 percent (80-of-155) and made 17-of-44 3-pointers, but nearly two months later, Nets point guard Deron Williams feels the team is better equipped against an opponent who has won the last 12 meetings.

"The [second] time we played [the Heat], we had them down," Williams said. "We were playing some of our best basketball and then they made some adjustments at halftime and kind of ran us out of the building

"It's a good game for us, a good test for us. I think we're a little bit different team than we were the last two times we've played them, but we've gotta be ready to go."

LARRY FLEISHER

Kidd added to Knicks injuries

Veteran guard dealing with ongoing back issues Woodson to limit time rest of season

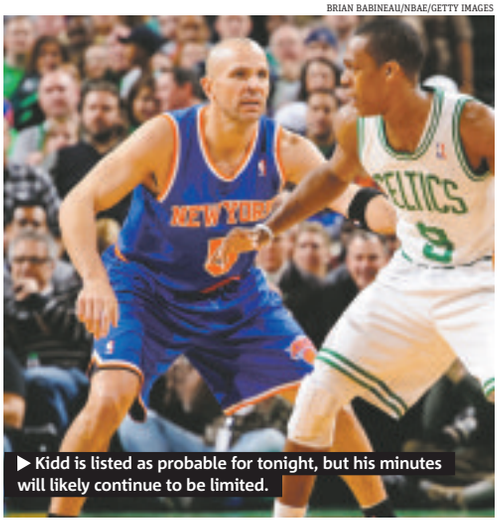
The Knicks have a habit of subtracting a player just as they add one back to the rotation.

Just as point guard Raymond Felton is making his return to the starting lineup, the 39-year-old Jason Kidd is suffering back issues again. Kidd didn't finish the Atlanta game on Sunday after experiencing lower back stiffness at halftime, and also didn't practice with the team yesterday, as head coach Mike Woodson gave him a "maintenance day."

"I beat Jason up early on this season, and again when Raymond went out, but know Jason is a big part of what we're trying to do here," said Woodson. "This is a marathon, so I'm going to need him for the long haul and I think he knows that. … And if not, I'll tell him that repeatedly."

Woodson is holding out hope Kidd will play tonight, but in case he's not able to go, James White was seen running sets with the first team.

BRIAN BABINEAU/NBAE/GETTY IMAGES



▶ Kidd is listed as probable for tonight, but his minutes will likely continue to be limited.

ON TV TONIGHT

Knicks vs. Magic
7:30 p.m., MSG

Kidd, who didn't make himself available to the media yesterday, is still looked upon as "a big part of the puzzle," said Woodson.

"I'll still play Kidd his minutes, but he's going to be my guide to basically let me [dictate how I] steer him," Woodson said. "If he tells me, 'Hey, you need to back off,' I'm going to back off. Jason is a big piece of this puzzle, and I need him when it counts — and that's coming down the home stretch."

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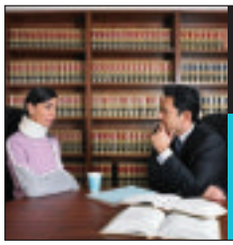

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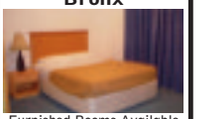

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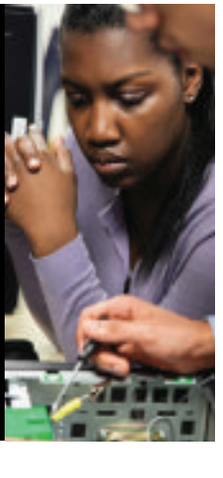

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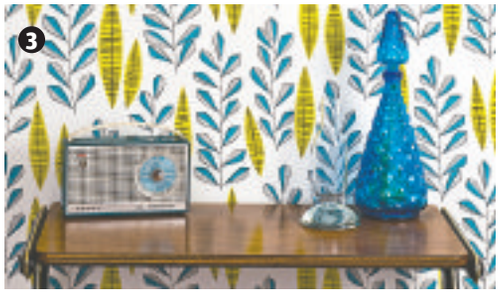
PRETTY IN PRINTS

Sure, everyone was obsessed with Benedict Cumberbatch's cool Belstaff coat in 'Sherlock' But the show ignited another design craving for us: Wallpaper

Flat Vernacular Peaks and Valleys – Afternoon, $175 per roll, www.flatvernacular.com

It seems like every year or so there's a design story proclaiming the return of wallpaper. The truth is, we don't think wallpaper was ever not in style. Thanks to a recent marathon of PBS's spectacular Masterpiece series "Sherlock," we were reminded of just how cool and cozy a space can look covered in, say, pretty damask prints. In this modern reimagining, Sherlock Holmes' London flat looks like the kind of place we want to host brunch parties and salon-style discussions with our besties — despite the bullet holes in his walls. The vibe is thanks to his wallpaper, Zoffany's Navarre Flock. (Oh yeah — we tracked it down.) Get inspired with these timeless papers.



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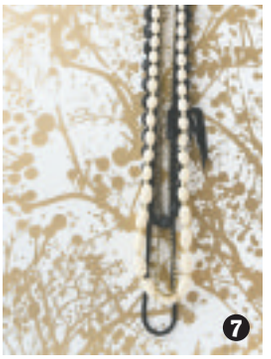

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- **1.** Graham & Brown Spellbound Mermaids, $125 per roll, www.grahambrown.com
- **2.** Farrow & Ball Tessella BP 3604, $255 per roll, www.farrow-ball.com
- **3.** Miss Print Garden City Bustle, $95 per roll, www.missprint.co.uk
- Zoffany Navarre Flock, price upon request, www.zoffany.com
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